



*Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen.*

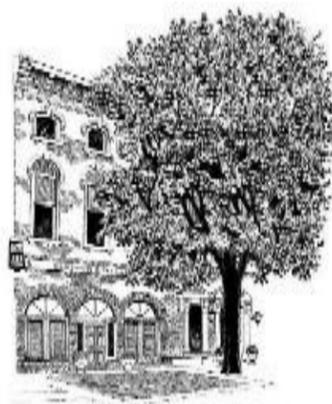
*~Winston Churchill*

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*“Alone we can do so little; together we can do so much.”*



## **Warren & Simpson, P.C.**

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# Legal Times

An informative journal from Warren & Simpson, P.C.



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*Dear Clients,*

*Spring is here! Time to break out those shorts and flip-flops and go plant something! Head down to the Farmer's Market and support your local farmers! This is one of my favorite times of year. Everything about nature has that "new" look to it. My wife's flower fetish means that we will spend the next several weekends digging in the dirt. But, after that long, long winter, I don't think I will complain! I don't know about you, but I enjoy driving by farms this time of year and seeing new calves running about. Everywhere we turn, we see new life.*

*Speaking of new life, Easter is this Sunday. God's wonderful, earthly example of death and renewal. Baptism is our symbolism for the death, burial and resurrection. "Buried in the likeness of His death, raised to walk in newness of life." We've included a story in this issue about second chances. Because we are all God's creation, we have all been given a second chance. Quite frankly, whether you've asked for it or not! It is your decision, however, whether or not to accept it. My hope is that you will! We love Him, because He first loved us. Blessings to each and every one of you! Thank you for all you do to make us who we are!*

*Happy Spring!*

*~Barton*

## Drowsy driving dangers:

# One-third of Americans have fallen asleep at the wheel

Stay alert.  
Arrive alive.

\*\*\*\*\*

Over 1,500  
Americans die  
in accidents  
directly caused  
by driver  
fatigue  
annually.

\*\*\*\*\*

According to a  
2005 National  
Sleep  
Foundation  
study, more  
than one-third  
of American  
drivers have  
actually fallen  
asleep at the  
wheel.

**Q. Who is the most at risk from drowsy driving?**

**A.** People that drive for a living, such as commercial drivers or truck drivers. The other groups include college students that stay up late and people who work night shifts, such as medical professionals and law enforcement. Genetically, humans are programmed to be awake during the daylight hours and sleep at night. So it's an abnormal condition to work all night. Another category is older people. Older people may need a longer period of sleep because of the aging effects on their bodies. They may also have a chronic condition or a medication that the elderly use that causes a drowsiness in the driving. Another risk category is anyone who is diagnosed with or has an undiagnosed or untreated sleep disorder, like narcolepsy or sleep apnea.

**Q. What are the classic signs that you're driving tired?**

**A.** If you notice impaired reaction time, judgment or vision, can't keep your eyes open, drift from your lane, yawn often, or have trouble focusing, you are likely drowsy. Those things may not be noticeable to the driver which is why they're problematic. Another sign is micro sleep, which is when the driver simply begins to nod off – these sleeps typically last one to three seconds. You are beginning to take a nap then you shake yourself and wake back up.

**Q. Do you feel that drowsy driving is comparable to drunk or drugged driving in terms of how many accidents and death it causes?**

**A.** (Drowsy driving) can be similar to drugged or drunk driving in terms of the effect on the driver. If you're intoxicated on either alcohol or drugs, this can lead to drowsiness. The use of a medication, the use of an illegal drug or the use of alcohol can make one sleepy and drowsy. These drivers aren't very good at controlling the vehicle. However, if a drunk or drugged driver starts to drive off the road, they will eventually react and swerve, or brake. However, if a drowsy driver drives off the road at 70 miles an hour, they won't be able to react at all and will crash into the tree. So drowsy driving can be more deadly than drug driving as a drowsy driver isn't controlling the car at all. Let's say this: If you fall asleep, your vehicle goes where it wants to go.

**Q. If you get into a car accident because you fell asleep at the wheel, would your insurance company consider this an at-fault crash?**

**A.** I suspect that law enforcement would. As an operator of a motor vehicle, it's your responsibility to keep yourself attentive and focused on driving. And so if you permitted drowsiness, like if you decide to take drugs or drink, and then decide to drive – it's your responsibility.

**Q. What are the best ways for drivers to prevent drowsy driving?**

**A.** Before a trip, get a good night's sleep – plan to get at least eight hours. Plan ahead – schedule a break every hundred miles. Drink some caffeine during the trip. If possible, travel with a companion. A good companion can watch you for signs of fatigue, can share driving if you get tired or can engage in non-distracting conversation that will keep you awake. Before the trip, make sure you avoid drinking alcohol or taking any kind of sedating medications, such as decongestants and allergy medications. Travelling with a companion is a good thing to do if that's possible. You should avoid before and during the trip any kind of alcohol or sedating medications.

**Q. Are there any new vehicle technologies that can help with the problem of drowsy driving?**

**A.** Lane departure technology could help – the system starts beeping at you when you're beginning to leave your lane or you're getting too close to the car that's next to you or coming up behind you.



## MALCOLM BUTLER:

### *What a Second Chance Looks Like.*

For those of you who are NFL fans, the Super Bowl is the quintessential game of all football games. It is to football what the Grand Prix is to racing. It's the crème de la crème; the culmination of a season of blood, sweat and tears combined with hard work, practice and more practice. For a team to say they are in the Super Bowl means they "have arrived." It means national recognition for the team and its players. Many players whose names have yet to be mentioned in the media. Enter Malcolm Butler.

Announcers were stumbling over themselves trying to find out who he was, when, with split-second timing, he made the greatest play of the game. He intercepted the final pass. He shut down the play and escorted his team into the Super Bowl 2015 record books. But who is Malcolm Butler? Malcolm Butler is a young man born in Vicksburg, Mississippi to a single mother with five children who worked two jobs to pay the bills. He's a guy that, like many other guys, just loved football. The difference was, he was really, really good at it. He had instinct. And his coaches noticed. Not only did his coaches notice, so did his teammates. His quarterback from high school, Les Lemons, has been quoted as saying, "I was the quarterback and I needed him (Malcolm)." And Malcolm needed football. Having been in and out of trouble, Malcolm was given a second chance with almost every coach from Vicksburg High School to Hinds Community College to The University of West Alabama. At some point, things began to click in his head like it did on the field. Focus set in and he began applying the strong work ethic his mother had instilled in him. His competitive spirit and drive took over to catapult him into another sphere of football that others only dream about. All because of second chances.

His is not the only story of a second chance here. Did I mention who Malcolm's NFL agent is? None other than our very own Derek Simpson. Had it not been for Malcolm, (Derek's one and only NFL client at the time) being drafted by the New England Patriots last year, Derek would have lost his NFL license. All that work would have been for naught. A few years ago, after watching football one night, Derek noticed there were several players that couldn't find agents. So, using his talent and passion for helping others, honed by his years of representing clients in legal issues, and his love for football, he decided he could "represent some of those guys better than they were being represented." He studied, took the exam and passed, only to find it hard to find clients for his new "hobby." No one in the NFL had ever heard of Derek Simpson. And without clients in the NFL, you lose your license. But, as it happens, without an agent, you can't enter the NFL draft. So, who offered whom the second chance, you may ask? Some might say Malcolm and Derek were just lucky, but when you've been given a second chance, you don't call it luck. You call it being *blessed*.

## LUKE 24: 1-11

<sup>1</sup> Now upon the first day of the week, very early in the morning, they came unto the tomb (where Jesus had been buried), bringing the spices which they had prepared, and certain others with them.

<sup>2</sup> And they found the stone rolled away from the tomb.

<sup>3</sup> And they entered in, and found not the body of the Lord Jesus.

<sup>4</sup> And it came to pass, as they were much perplexed thereabout, behold, two men stood by them in shining garments:

<sup>5</sup> And as they were afraid, and bowed down their faces to the earth, they said unto them, Why do you seek the living among the dead?

<sup>6</sup> *He is not here, but is risen:* remember how he spoke unto you when he was yet in Galilee,

<sup>7</sup> Saying, The Son of man must be delivered into the hands of sinful men, and be crucified, and the third day rise again.

<sup>8</sup> And they remembered his words,

<sup>9</sup> And returned from the tomb, and told all these things unto the eleven, and to all the rest.